

# LET'S MAKE SOMETHING

## Arts & Crafts Are Not Just for Kids!

### Make Your Own Tallit

Yom Kippur Eve is the only evening service at which we traditionally wear a tallit (prayer shawl). (This is because the service usually starts before sundown.) You can actually make your own tallit! The main cloth of the tallit can be made of anything, and can reflect your personality. Have fun: try tie-dye, embroidery, using a favorite piece of cloth, quilting, the sky's the limit! Here's how to make your piece of cloth into a real tallit:

The tzitzit are the four fringes that hang from the corners of your tallit. Tying your own tzitzit is a meaningful mitzvah, and a way to make your tallit truly your own. Some people worry that they will mess up and the tallit won't be kosher, but with these 11 simple steps you can confidently and enjoyably tie your own tzitzit.



- Each tzitzit has four strings--three of the same length and a fourth longer one called a shamash. The shamash is used to wrap around all the other strings. Before tying tzitzit, set your intention to the holiness of what you are about to do, and say "LeShem Mitzvat Tzitzit" (for the sake of the commandment of the tzitzit). This declares your intention to tie your tzitzit.
- Place four strings (three short and one long) through the hole. Even the ends so that you have seven that are the same length, and one longer.
- Tie a double knot using four strings on each side.
- Take the shamash and wrap it seven times around the other seven strings
- Tie a double knot.
- Take the shamash and wrap it 8 times.
- Take the shamash and wrap it 11 times.
- Tie a double knot.
- Finally, take the shamash and wrap it 13 times.
- Tie a final double knot.

If you want a new way to make the main part of your tallit beautiful, here are some instructions on making your batik fabric at home.

## But They Can Be Fun for Kids, Too!

We will be celebrating Havdalah together at the end of Yom Kippur afternoon. For that you can use some easy things around your house to celebrate with us!



Get a cup with some juice (or wine), you can see the light from our havdalah candle or use your own, and here's how to make a yummy smelling spice box with some things you may already have: get an orange and pierce it all over with cloves! It smells heavenly!

You may want to create something to hold your new spice box:

